Curriculum Development Document

PSHE & RSHE

Achieve Believe Care

Curriculum Rationale

At Howley Grange we strive to ensure that our curriculum enables all children to gain the wisdom and courage to make positive choices now, and in their futures.

Howley Grange is committed to providing children with an ambitious curriculum that is broad and balanced. We recognise the upmost importance of ensuring children gain fundamental literacy and numeracy skills and that they have opportunities to develop their individual interests and specialisms in a wide variety of subjects.

Staff plan key questions to encourage the use of enquiry, as well as focus on the acquisition and application of key subject knowledge, concepts and vocabulary throughout our school. Our curriculum is designed to help learners to remember the content they are taught in the long term and to integrate new knowledge into larger concepts. Parents, staff and most importantly our children tell us that they enjoy their learning and are eager to find out about the topics and themes, often choosing to take their learning beyond the classroom.

Department for Education (DfE) Guidance

Personal, Social, Health and Economic (PSHE) education plays an important role in supporting pupils' personal development, wellbeing, and preparation for life in modern Britain. Although PSHE is not a statutory National Curriculum subject in maintained schools, the Department for Education expects all schools to provide a planned programme of learning that reflects the needs of their pupils and community.

Within our PSHE curriculum, we teach the statutory elements of Relationships Education and Health Education, which are compulsory for all primary-aged pupils in England. These subjects help children develop positive relationships, understand how to stay physically and mentally healthy, recognise risks, and know how to seek help and support when needed.

The curriculum is delivered in an age-appropriate and inclusive way, taking account of pupils' developmental needs and ensuring that learning supports safeguarding, wellbeing, respect, and preparation for life in an increasingly diverse society.

Our PSHE curriculum is informed by current Department for Education guidance on Relationships Education, Relationships and Sex Education (RSE) and Health Education, which came into effect from September 2026.

PSHE Association

Our PSHE curriculum is informed by the guidance and resources produced by the PSHE Association, alongside current statutory requirements for Relationships Education and Health Education. While we do not follow the PSHE Association Programme of Study as a prescribed scheme of work, its guidance, resources and best practice recommendations are used to support curriculum planning and lesson delivery. This enables us to provide a broad, balanced and age-appropriate curriculum that is tailored to the needs of our pupils and supports their personal development, wellbeing, safety and preparation for life in modern Britain.

Overview of PSHE / RSHE curriculum

AUTUMN 1	AUTUMN 2
Mental Health and Wellbeing • Class charter using new behaviour policy and wording • Foundations for Wellbeing • SUMO – E+R=O, beach ball, hippo time	RELATIONSHIPS – FAMILIES AND FRIENDS • Anti-bullying Week • Families and people who care for me (Relationships Education Statutory Content) • Caring Friendships (Relationships Education Statutory Content) • Respectful, kind relationships (Relationships Education Statutory Content)
SPRING 1	**SPRING 2**
BEING SAFE • Children's Mental Health Day • Internet Safety Day • Being safe (statutory relationships) • Health protection and prevention (Health and Wellbeing statutory content) • Personal safety (Health and Wellbeing statutory content)	MY BODY • Basic First Aid (Health and Wellbeing statutory content) • Developing bodies (Health and Wellbeing statutory content) • Year 6 – non statutory Sex Ed
SUMMER 1	**SUMMER 2**
BEING SAFE • General Wellbeing (Health and Wellbeing and Online Wellbeing statutory content) • Drugs, alcohol, tobacco and vaping (Health and Wellbeing statutory content)	ECONOMIC AND FINANCIAL EDUCATION • World Wellbeing Week and Outdoor Learning Week • General Wellbeing – change and loss including bereavement (Health and Wellbeing statutory content) • Economic Wellbeing and Careers Education